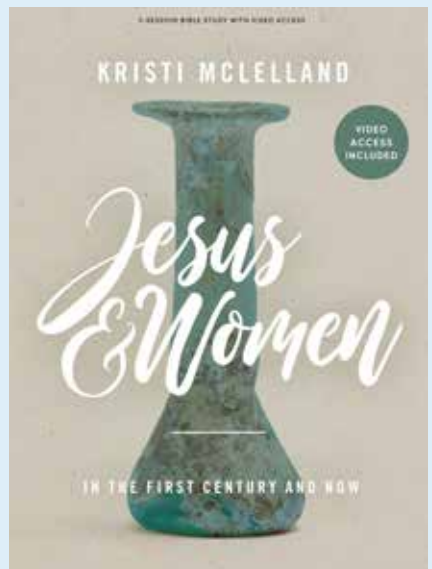
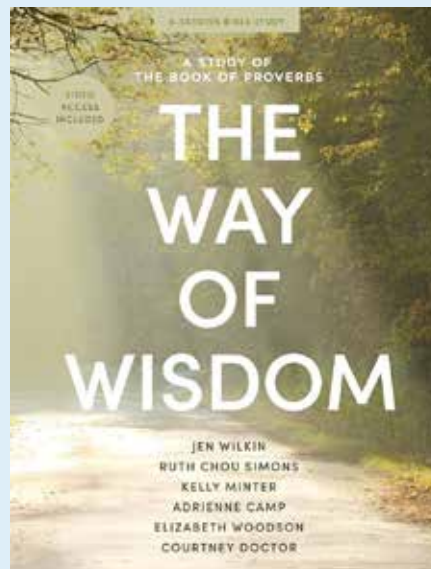
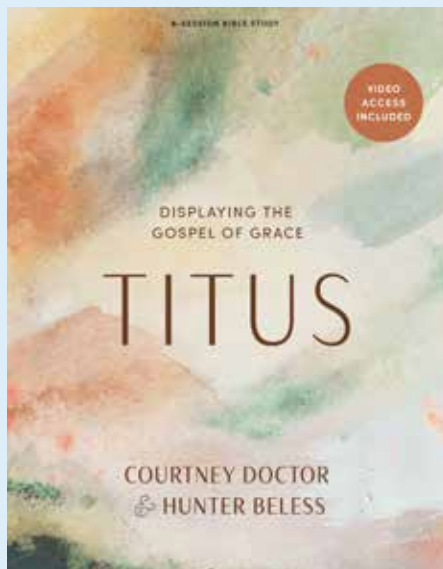
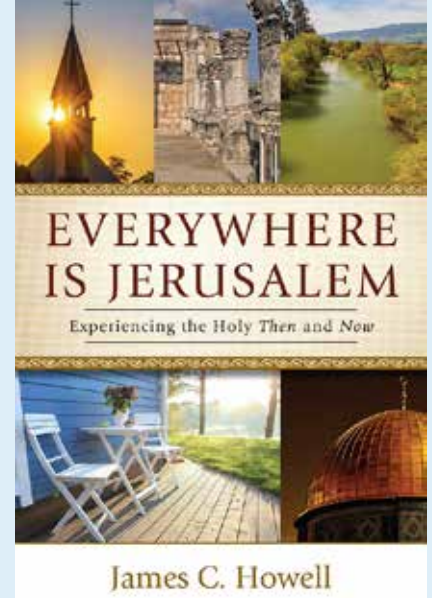
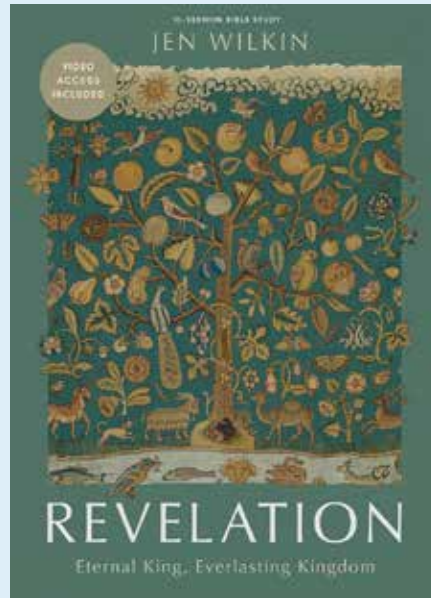
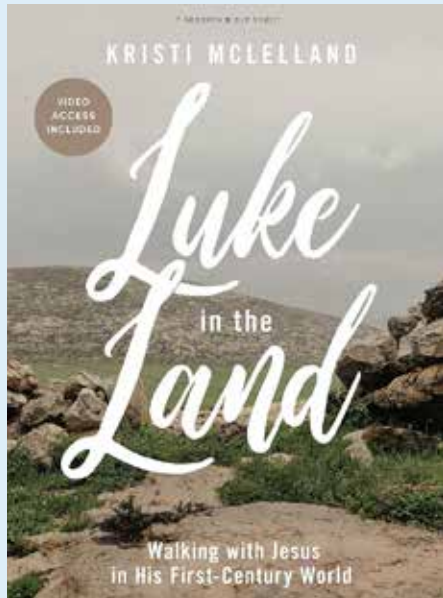


ADULT EDUCATION & CONNECTION GROUPS



We're Glad You're Here

Are you looking to grow spiritually?
Do you long to have a stronger faith but not sure how to do that?
Are you looking to make new friends and build relationships?

This is a great place to start!

Growing spiritually doesn't happen just when we know what Jesus says. It happens when we put His Words into action in our lives and we do that best when we are connected to others within a community of faith. King of Kings offers many opportunities to grow stronger in faith and to be in closer community with others. No matter where you are in your faith walk, we invite you to come, learn and grow in God's love with others. Please take some time to look through these groups and see where God is leading you so you can grow stronger in Him.

To register, go to our church website kingofkingswoodbury.org.

Or, if you have any questions about these opportunities and how you can get involved, email Laurel Bornholtz at laurel.bornholtz@kingofkingswoodbury.org.



📞 651-738-3110

✉ office@kingofkingswoodbury.org

🌐 www.kingofkingswoodbury.org

📱 Download our app – simply text
[KingofKingsApp](https://www.kingofkingswoodbury.org/kingofkingsapp) to 833-245-6561

📘 [kingofkingswoodbury](https://www.kingofkingswoodbury.org)

📷 [kingofkingswoodbury](https://www.kingofkingswoodbury.org)

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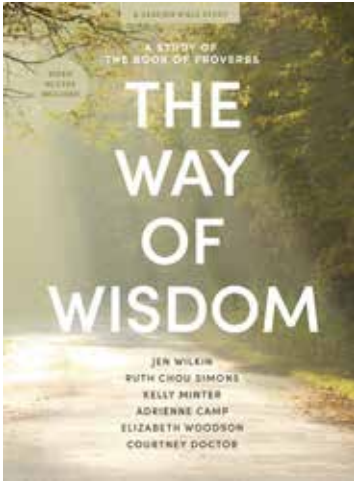
📺 King of Kings Lutheran Church

Contents

Education Groups (Register on the website)	4
God's GALS	
God's GALS Precept Study	
Bible Study for Women in their 20s	
Monday Evening Women's Group	
Alpha Omega	
King's Daughters	
Shepherd's Flock Co-Ed Group	
Men's Ministry	
Connection Groups (Email Group Coordinator for more info)	9
Retired Men	
Connecting Between the Lines	
PM Book Discussion Group	
Daytime Book Club	
King's Sisters	
MomCo	
King's Speakers Toastmasters Club	
King's Sociables	
50+ Group Events	
Care Ministry	12
Caring Casseroles	
Saintly Stitchers	
Prayer Ministry Team	
Grief Support Group	
Cancer Support Group	
Garden Ministry	13
Music Ministry	13
Outreach and Volunteer Opportunities	13
King of Kings Coaching Events	14

God's GALS

God's GALS (God's Amazing Love Shared) is a ministry for adult women who are looking for in-depth Bible study, fellowship, service, and fun. Choose from four different meeting time options!



The Way of Wisdom

In *The Way of Wisdom: A Study of the Book of Proverbs*, we'll see how Scripture is packed full of wisdom principles on everyday topics like words, work, friendship, marriage, parenting, and much more! God's GALS invites you to join us for this 8-session study, written by Bible teachers Jen Wilkin, Ruth Chou Simons, Kelly Minter, Adrienne Camp, Elizabeth Woodson, and Courtney Doctor. They will encourage us to place our feet firmly on the path of life revealed in this incredible book of the Bible. And we'll discover how the wisdom in Proverbs leads to abundant life, healthy relationships, and a fulfilling walk with God.

Resources: Register on our website. Cost of the study is a \$10 registration fee. Please purchase your own book from Amazon, Lifeway.com, or Christianbook.com.

Wednesday Mornings

Group Leader: Annette Sherrill

Group Size: 30+ women with assigned small group breakout groups, starting in the Holy Grounds Cafe

Dates: Wednesdays from 9:30-11:30 a.m., every other week, beginning January 21

Wednesday Afternoon (via Zoom)

Group Leader: Jo Bowman

Group Size: 8-10 women online (perfect for those currently living out of state)

Dates: Wednesdays at 2:00 p.m., every other week, beginning January 21

Friday Mornings

Group Leader: Leigh Rekow

Group Size: 6-8 women in Room 108

Dates: Fridays at 9:30-11:30 a.m., every other week, beginning January 16

Saturday Mornings

Group Leader: Kathy Becher

Group Size: 8-10 women

Dates: Saturdays at 8:30-11:30 a.m., every other week, beginning on January 17

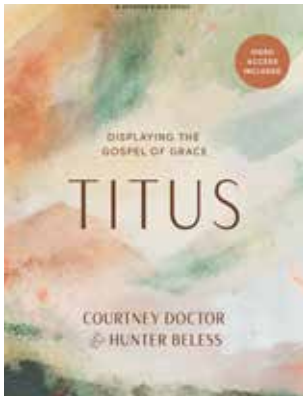


God's GALS Precept Study

God's GALS Precept Group invites you to register for one or both of these New Testament studies this fall.

Group Leaders: Laura Griffith (laura.griffith@live.com) and Molly Calkins (mollyg17@hotmail.com)

Group Size: 15-20 women in the Youth Room



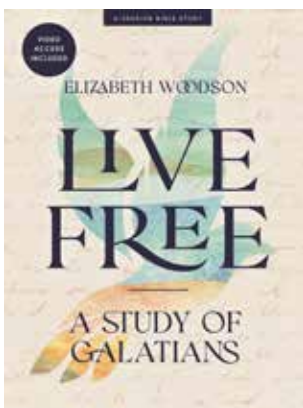
Titus: Displaying the Gospel of Grace

In this 8-session video study, Courtney Doctor and Hunter Beless team up to explore every verse of Paul's letter to his friend Titus. You'll see the essential connection between right belief and right character, the way both testify to the goodness of the gospel, and you'll be reminded that our world will be attracted to the gospel when they see its beauty displayed in us.

Wednesday mornings, 9:30-11:30am, from Jan 7th-Feb 25th.

Register on our website. Cost of the study is a \$10 registration fee.

Please purchase your own book from Amazon, Lifeway.com, or Christianbook.com.



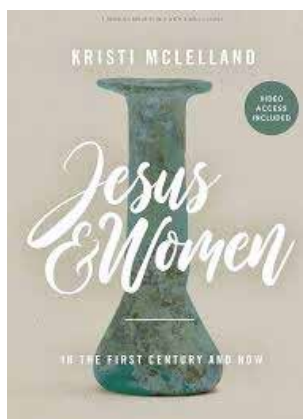
Live Free: A Study of Galatians

In this 8-session video study on the book of Galatians, Elizabeth Woodson reveals that the struggle to fully embrace our freedom in Christ is not a new problem. Walking verse-by-verse through Paul's letter, Elizabeth highlights how this letter teaches us that in the gospel alone do we gain what we desire—freedom from sin and freedom to experience true peace, living the abundant life Jesus offers.

Wednesday mornings, 9:30-11:30am, from Mar 18th-May 6th.

Register on our website. Cost of the study is a \$10 registration fee. Please purchase your own book from Amazon, Lifeway.com, or Christianbook.com.

Bible Study For Women In Their 20's



Jesus & Women: In the First Century & Now

Connect with new friends and discover more about the way Jesus saw, valued, and still pursues women today. Through short videos and guided discussion from biblical culturalist Kristi McLelland, we'll step back into Jesus' world and follow the stories of the women who came face-to-face with the Living God. Over 7 sessions, we'll explore the historical and cultural setting of the first-century Middle East to better understand how radically Jesus included women and how that truth speaks into our lives today.

Group Leader: Isabelle Hammond

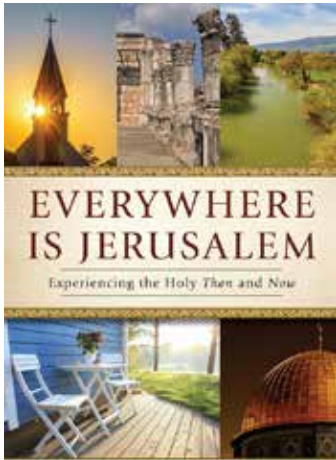
Group Size: 5-8 women at an apartment in Woodbury

Dates: Every other Sunday at 6:00pm

Jan 18, Feb 1, Feb 15, Mar 1, Mar 15, Mar 29, and Apr 5.

Resources: Register on the website. Order your book on Christianbook or Amazon.

Monday Evening Women's Group



James C. Howell

Everywhere Is Jerusalem

James Howell will take us on a spiritual pilgrimage to significant places in the ongoing story of the Christian faith— from Bethlehem to Jerusalem, from the Jordan River to Assisi, and from the Sea of Galilee to Montgomery, Alabama. Along the way, you'll discover the profound connections between biblical stories and the places they happened. Part travelogue, part Bible study, this book will take you on a spiritual journey to the places that are most important in our faith, and you'll discover that the most important place of all is the place where you are, right now.

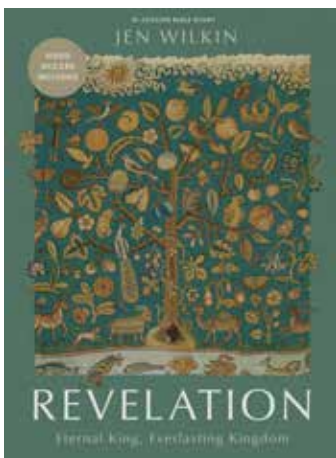
Group Leader: Nancy Nelson

Group Size: 12 women in Room 108

Dates: Mondays from 6:30-8:00 p.m., twice a month
Feb 16, Mar 2, Mar 16, Mar 30, Apr 13, Apr 20

Resources: Register online. Cost of the study is a \$10 registration fee. Please purchase your own book from Lifeway, Christianbook or Amazon.

Alpha Omega



Revelation

Two thousand years ago, John's Revelation was circulated and read aloud among seven churches in Asia Minor. Those who heard the letter understood it and drew encouragement from its message. The same can be true for you today. Over 10 sessions of verse-by-verse Bible study, Jen Wilkin helps you discover how the last book of the Bible—the culmination of God's great story—speaks both a steadying word of assurance and a strong call to endure to the church in every age.

Group Leader: Jane Neuman

Group Size: 10 women in Room 108

Dates: Thursdays from 9:30-11:30 a.m. beginning on January 15

Resources: Register online. Cost of the study is a \$10 registration fee. Order your book from Amazon or Christianbook.

King's Daughters

Group Size: 10-15 women

Dates: Starting January 20th

1st Tuesday at 9:00 a.m. – at Lunds & Byerlys for coffee and conversation

3rd Tuesday at 9:00 a.m. –at Holy Grounds Café for Bible study

Resources: The studies used by King's Daughters are published in Gather, the magazine of the Women of the ELCA (WELCA). Subscribe online at <https://www.gathermagazine.org>. Registration is not required.

Embodied Prayer by Rev. Liv Larson Andrews



Prayer is an important part of our relationship with God, and one of the ways we respond to God speaking in our lives. At the same time, we may carry all kinds of baggage or heavy questions about prayer: Am I doing it “right?” Do I pray enough? Is prayer always done with words? This two-part Bible study looks to Scripture as a guide to explore some different ways we can pray with our bodies—and with the body of the earth.

I AM: God's Holy Name & Promise by Rev. Hannah Hawkinson

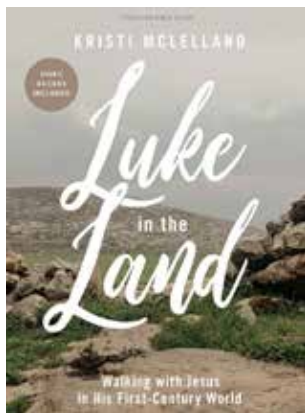


Session one (March) - Bread, vine and light: Abiding with us (John 6, 8 and 15)

Session two (April) - Gate and shepherd: Guiding and protecting us (John 10)

Session three (May) - Resurrection and life: Leading us into abundant life (John 11 and 14)

Shepherd's Flock Co-Ed Group



Luke In The Land

Follow Kristi McLelland through Israel as we study snapshots from the Gospel of Luke to see where the stories of the Bible took place. Over 7 sessions in this Bible study workbook, challenge the way you read the accounts of Jesus through teaching videos that take you to locations in Israel like Bethlehem, the Sea of Galilee, Gethsemane, Jerusalem, and the road to Emmaus. Along the way, you'll see how Jesus, the Messiah, brought His kingdom to earth for everybody.

Group Leader: Lynda Paulson

Group Size: 15 people in the Youth Room

Dates: Tuesdays from 7:00-8:30 p.m., beginning January 6

Resources: Register online. Cost of the study is a \$10 registration fee. Please purchase your own book from Amazon, Lifeway.com, or Christianbook.com.

Men's Ministry

Bible and Breakfast

Second Saturday of every month

8:30-10:30 am in the Holy Grounds Cafe

A light breakfast is served

Called the most beautiful book ever written, the Gospel of Luke begins with the birth of Jesus, then stretches to the cross, the resurrection, and into the book of Acts. The 2026 Second Saturday Men's Bible and Breakfast ministry will be jumping into those rich stories of God's movement, unpacking for greater impact in our daily faith lives! We began this December 13th by exploring the heart of the Christmas story. Did you miss it? No problem! Starting in January, we are leaning into new sections of Luke each month, landing in April on the hope of the cross and the resurrection. Guided by Pastor Dan Clites.

December: Luke chapters 1-6

January: Luke chapter 7-11

February: Luke chapters 12-17

March: Seder Supper (for breakfast), Exodus chapters 11-12

April: Luke chapters 18-24

Resolute Bible Study

Fourth Saturday of every month

9:00-10:30 am in the Holy Grounds Cafe

In addition to the second Saturday Breakfast study, we also gather on the fourth Saturday of every month for what we call, "Resolute" (The unwavering Lord!), featuring a biblical topic with meaningful faith-to-life discussions. Guided by Joey Johnson.

Discipleship Groups

Monday or Tuesday or Sunday, two times per month

Mondays & Tuesdays: 6:30-7:30 am in the Youth Room

Sundays: 10:45-11:45 am in the Fellowship Hall Classroom

Perhaps the most impactful ministry our men experience is learning to practice Jesus' Great Commission to, "Go and make disciples." We call it, "Diatrebo Discipleship Discussions," or D-Groups. Six times a month, KoK men gather in small groups to get so close to Jesus that he rubs himself off on our souls! The featured topics for the start of 2026 will be taking our rising faith to conquering anxieties, burdens, busyness, perfectionism, fears and unforgiveness. Guided by Pastor Dan Clites.

Union Gospel Mission

When a 5th Monday night hits the calendar, our men share a worship service with the men of the local Union Gospel Mission. Led by Greg Hammond and cast.

Retired Men

A fellowship group featuring a monthly speaker.

Group Leader: Bill Meyer

Dates: 2nd Tuesday of the month; 7:30-9:00 a.m in the cafe.

Resources: No registration required

Connecting Between the Lines

This book club is for women with children at home. Their next read is *The Seven Year Slip* by Ashley Poston.

Group Coordinator: Meisha Berg

Date: Thursday, January 8th at 6:30 p.m. in the Holy Grounds Cafe. Childcare is available upon request.

P.M. Book Discussion Group

The P.M. Book Discussion Group is a book club that brings readers together to share thoughts and grow in faith. The group meets once every two months to join in fellowship and discuss a book they read the weeks before. One member will lead the discussion and provide insight into the story and its relevance to the Christian faith.

Group Coordinator: Bev Boyer

Dates: Monday Afternoons or Evenings

February 9 at 3 PM. *Where Rivers Part: A Story of My Mother's Life* by Kao Kalia Yang. Leader - Jan Olson

April 13 at 7 PM. *The Violin Conspiracy* by Brendan Slocumb. Leader - Robin Solid

June 8 at 7 PM. *Lady Tan's Circle of Women* by Lisa See. Leader - Robyn Moravetz

Daytime Book Club

Group Coordinator: Peggy Sorensen

Dates: Mondays at 10:00 a.m.

January 5 – *Frozen River* by Ariel Lawhon

March 2 - *Peace Like a River* by Leif Enger or *Virgil Wander* by Leif Enger

May 4 - *Peace Like a River* by Leif Enger or *Virgil Wander* by Leif Enger



King's Sisters

King's Sisters brings together retired and semi-retired women for the purpose of fellowship and education. This group has monthly meetings that include lunch and a program. They also take part in events around the community such as art gallery tours and outings to local restaurants and attractions.

Group Coordinators: Sandy Bruckner (skbruckner@comcast.net), Robbie Hattala, Jacki McCormick, Jo Rettke

Dates: The second Thursday of most months

MomCo

Looking for connection with other moms? Join MomCo at King of Kings! This group is a chapter of MomCo, ministering to moms of children ages newborn through elementary school.

Group Coordinator: Monica Fahnhorst

Dates: Twice a month on Mondays from 7:00–9:00pm, September–May

King's Speakers Toastmasters Club

Unlock your potential at Toastmasters! King's Speakers is a faith-infused group that meets each week to become better speakers and leaders. Whether you are looking to conquer your fear of public speaking, refine your storytelling, or polish your professional presence, Toastmasters is the perfect place to start.

Group Coordinator: Laura Griffith (tmlg@live.com)

Dates: Thursdays from 7-8pm in the Youth Room (plus an online/hybrid meeting on the first Thursday of the month)

King's Sociables

This is the perfect group for active adults interested in taking part in fun activities and fellowship around the community. This group meets twice a month, once for Saturday morning coffee and the second time for a fun outing or event. Past trips have included coffee shops, local restaurants, and museum trips. Whether you are married, single, or looking to make new friends, everyone is welcome to join the fun!

Group Coordinator: Nancy Nelson (nancyfnelson@gmail.com)

50+ Group Events

Group Coordinator: Tami Olson

Request to become part of the 50+ Group email list and receive registration information by emailing kok50plusgroup@gmail.com

The 39 Steps Sunday, February 1, 2:00pm – \$28 at Lakeshore Players Theatre, White Bear Lake

The Importance of Being Earnest Sunday, March 15, 2:00pm – \$28 at Lakeshore Players Theatre, White Bear Lake

Care Ministry

Caring Casseroles - Dawn Swenson

Caring Casseroles is designed to provide a meal(s) to individuals and families in our church and community who are “in need” due to surgeries, illness, new baby, death in the family, and other unforeseen circumstances. If you like to cook or serve and help others, join us.

Saintly Stitchers (prayer shawls) - Leeann Behling

The King of Kings Prayer Shawl Group knits and crochets shawls for those going through difficult times within our church home and community. At each monthly meeting, we label and bind prayer shawls, discuss current needs, read thank you notes and spend time knitting or crocheting on our current shawl projects.

Quilters - Judy Carlson

The Quilters create beautiful quilts of all sizes that are donated to local and global ministry partners. Partners include Union Gospel Mission (Naomi Family Residence), ELCA’s Lutheran World Relief, and ministries serving seniors in Honduras and Tanzania.

Meeting the first & third Wednesday of every month, 12:30–2:30 p.m.

Prayer Ministry Team - Pastor Amelia Houdek

Our meetings consist of a time of prayer for the people of our congregation, the staff and all aspects of the ministries that occur here, along with prayer for our country, city and the leaders. We explore different ways to pray and grow in faith together as we see how prayers are answered. The prayer team is also involved in assisting with the Advent & Lent Devotionals, National Day of Prayer, and more. If you would like to be a part of this team, please contact Pastor Amelia or call the church office.

Grief Support Group - Cheryl Bennerotte

Please join us in a peer-led group as we gather to support each other. Our group offers both faith-based emotional support as well as down-to-earth advice for practical matters. We have been where you are and want to be here for you now– and not just for the immediate aftermath. We’re here for the long haul as we walk with you through your journey.

We meet weekly on Tuesdays at King of Kings Lutheran Church in Room 108 from 2:00-3:30pm. RSVP on the King of Kings website.

Cancer Support Group - Vickie Conley & Jeff Johnson

Being diagnosed with cancer can be very scary and stressful. Accepting the diagnosis is challenging. While every person’s cancer journey is unique to them, there is great value in building camaraderie with those who can share their journey, faith and support.

Our support group for those living with cancer meets every second Monday of the month from 6:30pm-7:30pm.

For more information on Caring Casseroles, Saintly Stitchers, or Cancer Support group, visit our website at kingofkingswoodbury.org. If you have questions on the Prayer Ministry Team or the other Care Ministry groups, contact Pastor Amelia Houdek at amelia.houdek@kingofkingswoodbury.org.

Garden Ministry

The gardening team works to beautify the grounds of the church by maintaining the gardens. They plant flowers, trees, and shrubs, spread mulch, weed, and conduct overall garden maintenance.

Additionally, decorating is a sub committee of the Gardening team. Volunteers help plan and coordinate the decorating of the church to enhance the appearance and create a welcoming atmosphere.

For more information, contact Annette Sherill at annette.sherrill7@gmail.com.



Music Ministry

Jesus Jammers (Grades K-5) Wednesdays 5:00-6:00 p.m.

The King's Choir Wednesdays 7:00-8:15 p.m.

All the King's Men Wednesdays 8:15-9:00 p.m.

Worship Band Thursdays 7:00-8:30 p.m.

The King's Herald Brass Ensemble Sundays 12:00-1:00 p.m.

The JuBellation Ringers practices as scheduled

If you have questions about any of our Music Ministry groups, contact Jim Lindstrom at jim.lindstrom@kingofkingswoodbury.org.

Mission & Volunteer Opportunities

Community Dinners
Outreach Implementation Team
Loaves and Fishes
Union Gospel Mission
Food with Friends Community Dinners
Every Meal (filling backpacks at Grey Cloud Elementary)
SoWashCo PIT Stop Events (distributing resources)
Open Cupboard and Basic Needs Food Pantries
Communication of Blessings to Global Partners



For more information on volunteer opportunities at King of Kings, visit our website kingofkingswoodbury.org. If you have questions on the Outreach Ministry Teams or volunteer opportunities, contact Pam Hoeffel at pam.hoeffel@kingofkingswoodbury.org.